

DAMP AND MOULD

Ways to Avoid Damp and Mould

The unfortunate instance of Awaab Ishak, who passed away from a respiratory condition caused by exposure to mould in his home, has appropriately drawn attention to the accountability to us registered providers, we make sure that our homes are well maintained and up to a respectable standard.

Damp and Mould are quite common issues in all buildings, that are usually caused by excess moisture known as condensation.

Condensation may result from this in many homes. When moisture or water vapour comes into contact with a cooler surface—such as a wall or window—it condenses and soaks into plaster, paint, or wallpaper. Black mould gradually spreads over the impacted areas.

Mould can appear anywhere in the house, but you might notice it around your windows and in the corners of rooms with outside walls. Additionally, it can be found in places with limited airflow, as behind furniture that has been pushed up against a wall. You'll start to notice a difference by making minor modifications around your home, and if you do find mould, it should be less prevalent.

To reduce any mould in your home, try these suggestions:

- Remove condensation by daily wiping off your windows and windowsills.
- Maintain a consistent temperature in your home, ideally between 18 and 21 degrees.
- Keep interior doors closed to stop heat from escaping and moisture from escaping into other rooms.
- Regularly and slightly open windows and doors. Where you have trickle vent inserts, advise to leave them for you to ventilate your property. Do not shut these.
- Avoid obstructing vents or airbricks.
- If you have an extractor fan, use it while taking a bath, and open the window. Keep the door locked until any steam has left.
- If you have an extractor fan, use it when cooking. Also, make sure to open the window and cover pots with lids.

When possible, use a clothes airer in the bathroom with the door closed or dry your clothing outside. Mould growth won't disappear on its own if it already exists. The damaged areas will need to be treated, and you may do this by giving them a frequent cleaning with diluted household bleach or a store-bought mould-killing spray.

Let us know right away at enquiries@cossingtoncoop.org.uk if you are concerned that the moisture or mould in your house is a worse problem than any of the things stated. More information and images will be requested from you, and if more investigation is necessary, we will make an appointment with you to visit and take a look.